

PREPARATIONS FOR IMAGING EXAMS

BARIUM ENEMA & AIR CONTRAST ENEMA

This procedure requires a thorough cleansing of the intestinal track to provide the best results. You will need to purchase LO SO Prep Kit. The complete instructions are enclosed in the kit. Follow each step carefully. A high fluid intake is required for this preparation. The preparation starts the morning before your scheduled exam. Time in the department should be approximately 1-2 hours.

UPPER GI / SMALL BOWEL

Nothing to eat or drink after 10:00 PM the night before your exam. Do not smoke the morning of your exam. **If you had a barium enema the day before**, you will need to purchase an LO SO Prep Kit and follow the complete instructions enclosed in the kit. This prep starts the morning before your scheduled exam. Time in the department should be approximately 30 minutes for an Upper GI. Times vary for a Small Bowel w/ the shortest amount of time being 45 minutes, but be prepared to stay several hours.

INTRAVENOUS PYELOGRAM (IVP)

Your physician is preparing you for an x-ray examination that requires thorough cleansing of the intestinal tract. You will need to purchase an LO SO Prep Kit. Follow the complete instructions enclosed in the kit. A high fluid intake is required for this preparation. The preparation starts the morning before your scheduled exam. Time in the department should be approximately 1 1/2 – 2 hours. If you are 65 years of age or older, diabetic, have history of kidney disease, heart failure, multiple myeloma, or sickle cell anemia, lab work needs to be done prior to the exam. Lab work will be done upon arrival if necessary.

CT EXAMS

Liquids only two hours prior to exams of IV contrast.

For abdomen/pelvis CT the time in the department will be approximately 2-2 ½ hours. The patient will be drinking oral contrast. Depending on diagnosis, rectal contrast may be used.

If the patient has lab work to be done, it must be scheduled with lab ½ hour prior to CT scan.

Cardiac Score – No caffeine or stimulants 24 hours prior to exam.

Exams will be done per protocol, unless otherwise specified.

MRI

Please notify MRI of any exposure to grinding or welding of metal and any personal history of surgery or cancer when scheduling. Exams will be done per protocol, unless otherwise specified.

NUCLEAR MEDICINE

STRESS TEST

No caffeine or decaf 24 hours prior to exam.

Nothing to eat or drink after midnight unless patient is diabetic.

HEPATOBIILIARY SCAN

NOTHING BY MOUTH (including water, gum, mints, ect.) 6 hours prior to exam. No narcotic pain medicines 6 hours prior to exam.

THYROID SCAN

Musr be off thyroid medications, multi-vitamins, and any other foods which are iron fortified, such as iodinated salt, for 6 weeks prior to exam.

Also, when scheduling, let the department know when the last IV contrast exam was done.

IF PATIENT IS DIABETIC, LET THE IMAGING DEPARTMENT KNOW WHEN SCHEDULING THE EXAM.

ULTRASOUND: PATIENT NEEDSLABS OF PT, INR, PTT, AND PLT ONE (1) HOUR TO SEVEN (SEVEN) DAYS BEFORE EXAM FOR THORACENTESIS / PARACENTESIS AND LIVER BX. ANY QUESTIONS PLEASE CALL 574/364-2711.

If you have not pre-registered, please report to Registration 15 minutes before your exam time.