

## IR PROCEDURE REFERENCE GUIDE

Procedure	Scan Involvement	Preparation	Length For Procedure
<b>CT</b> <b>CT BIOPSIES/ DRAINS</b>	Done per Radiologist in CT (Must be pre-approved by Radiologist)	<ul style="list-style-type: none"> <li>• NPO after midnight or 6 hours prior to procedure</li> <li>• May take am meds EXCEPT diabetic/ anticoagulants/ antiplatelets</li> <li>• PT/PTT/Platelets/ INR prior</li> <li>• Off anticoagulants /antiplatelets 3-5 days prior</li> </ul>	<ul style="list-style-type: none"> <li>❑ BX Takes 1 hour to complete/ Drains take 1+ hours to complete</li> <li>❑ Pt. will get sedation- Must have driver post procedure</li> <li>❑ 2-4 hours recovery</li> </ul>
<b>CARDIAC CTA</b>	Used to evaluate Cardiac anatomy	<ul style="list-style-type: none"> <li>• NPO 6 hours prior</li> <li>• No caffeine 12 hrs prior</li> <li>• <u>May take am meds, EXCEPT diabetic or ED meds</u></li> <li>• Do not take Excedrin 12 hrs prior</li> <li>• Do not exercise prior to test</li> <li>• IODINE Allergies? Need premedicated</li> <li>• Must have Creatinine level drawn within 30 days of exam, if needed. (over 65,diabetic,kidney disease or multiple myeloma)</li> <li>• Pt will receive Valium</li> </ul>	<ul style="list-style-type: none"> <li>❑ Takes at least 2 hours to complete</li> <li>❑ Must not drive post procedure- bring driver</li> </ul>

<b>MRI</b>			
MRI SEDATION	ANY	<ul style="list-style-type: none"> <li>• NPO for 6 Hours Prior to Exam</li> <li>• Adult patients will receive Valium</li> </ul>	<ul style="list-style-type: none"> <li>❑ Takes at least 2 hours to complete depending on scan</li> <li>❑ Pt. will get sedation- Must not drive post procedure</li> <li>❑ Must be scheduled with Radiology RN</li> </ul>

<b>Procedure</b>	<b>Purpose</b>	<b>Preparation</b>	<b>Length For Procedure</b>
<b>ULTRA SOUND</b>			
<b>LIVER BIOPSY</b>	Obtain liver tissue for needed diagnosis	<ul style="list-style-type: none"> <li>• NPO 6hours prior</li> <li>• Off anticoagulants/ antiplatelets for 3-5 days prior</li> <li>• PT/ INR/Platelets prior to BX</li> <li>• May take am meds EXCEPT diabetic/ anticoagulants/ antiplatelets</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Takes 30- 60 minutes to complete</li> <li><input type="checkbox"/> PT will get sedation- must have driver</li> <li><input type="checkbox"/> PT must stay 2-4 hours post BX for recovery</li> </ul>
<b>PARACENTESIS</b>	Drainage of Fluid from Abdomen	<ul style="list-style-type: none"> <li>• May have light meal prior</li> <li>• PT/ INR/Platelets prior</li> <li>• Off anticoagulants/ antiplatelets for 3-5 days prior</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Takes 60 minutes to complete</li> </ul>
<b>THORACENTESIS</b>	Drainage of Fluid from Chest	May have light meal prior <ul style="list-style-type: none"> <li>• Off anticoagulants / antiplatelets for 3-5 days prior</li> <li>• PT/INR/Platelets prior</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Takes 60 minutes to complete</li> </ul>
<b>THYROID/SOFT TISSUE BIOPSY</b>	Obtain thyroid tissue for needed diagnosis	<ul style="list-style-type: none"> <li>• May have light meal prior</li> <li>• Off anticoagulants/ antiplatelets 3-5 days prior</li> <li>• PT/INR/Platelets prior for all except Thyroid</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Arrive 15 min early</li> <li><input type="checkbox"/> Takes 60 min to complete</li> </ul>

<b>XRAY</b>			
<b>LUMBAR PUNCTURE</b>	Obtain spinal fluid for analysis	<ul style="list-style-type: none"> <li>• May have light meal prior</li> <li>• PT/ INR/Platelets prior</li> <li>• Off anticoagulants/ antiplatelets for 3- 5 days prior</li> </ul>	<ul style="list-style-type: none"> <li>❑ Takes 30- 60 minutes to complete</li> <li>❑ 4 hours for recovery</li> <li>❑ Patient will need a driver</li> </ul>
<b>PERCUTANEOUS BIOPSY/ IR PROCEDURES REQUIRING SEDATION</b>		<ul style="list-style-type: none"> <li>• NPO 6 hours prior</li> <li>• Antibiotics?</li> <li>• PT/INR and Platelets prior</li> <li>• Off anticoagulants/ antiplatelets 3-5 days prior</li> </ul>	<ul style="list-style-type: none"> <li>❑ Takes 60 minutes -2 hours to complete</li> <li>❑ Patient will need a driver</li> <li>❑ 2- 4 hours for recovery</li> </ul>

<p>Myelogram</p>	<p>Examination of structures within spinal column</p>	<ul style="list-style-type: none"> <li>• May have light meal prior</li> </ul> <p><b>This test involves *Iodine* Premedicate if Iodine allergy</b></p> <ul style="list-style-type: none"> <li>• No caffeine after 7pm the night before procedure</li> <li>• Drink 2-3 large glasses of water night before and morning of</li> <li>• Patient will receive Valium</li> </ul> <p>See <b>list of medications to HOLD</b> below</p> <ul style="list-style-type: none"> <li>• Off anticoagulants/ antiplatelets for 3- 5 days prior</li> <li>• PT/ INR prior, if on coumadin</li> </ul>	<ul style="list-style-type: none"> <li>❑ Takes 30 min to complete, CT scan after procedure.</li> <li>❑ 4 hours for recovery</li> <li>❑ Pt needs a driver</li> </ul>
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## Myelogram Medications

These medications should not be taken 48 hours prior and 24 hours after Myelography.

Phenothiazines/ Sedatives/other	Antidepressants	MAO Inhibitors	CNS Stimulants	Antipsychotic
Compazine	Adapin	Marplan	Amphetamines	Haldol
Etrafon	Anafranil	Nardil	Biphetamine	Loxitane
Largon	Asendin	Parate	Pentermine	Moban
Mepergan	Aventyl	Eldepryl	Phenylpropolamine	Navane
Parisidol	Trazadone		Tenuate	Taractan
Petmitil	Effexor		Diethylpropion	
Phenergan	Elavil		Adderall	
Prolixin	Amitriptyline		Adipex	
Serentil	Lithium		Fastin	
Sparine	Ludiomil		Ionamin	
Stelazine	Nopramin			
Tacaryl	Pamelor			
Temaryl	Pertofrane			
Thorazine	Prozac			
Tindal	Remeron			
Torecan	Serzone			
Triavil	Sinequan			
Trilafon	Surmontil			
Vesprin	Tofranil			
Meproamate	Triavil			
Meridia	Vivactil			
Tigan	Wellbutrin			
	Zoloft			
	Celexa			
	Paxil			
	Luvox			
	Trazadone			
	Limbitrol			

These Anticoagulant medications should not be taken 5 days prior and 24 hours after Myelography.

Anticoagulants
Aspirin Coumadin Heparin Lovenox Midrin Plavix Pradaxa Effient Brilinta Xarelto Motrin/Ibuprofin/Advil *any other medication containing Aspirin